



Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Date: \_\_\_\_\_

Home Phone Number: \_\_\_\_\_ Mobile Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Billing Address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone Number: \_\_\_\_\_ Relationship: \_\_\_\_\_

Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Gender: Male Female Non-Binary/Third Gender Prefer to Self-Describe Prefer Not to Say

How did you hear about us?

Doctor	Friend/Family	I've had PT here before
Google Review	Website	Other:

Tell us about your injury or symptoms:

Injury Date: \_\_\_\_\_ Physician Diagnosis: \_\_\_\_\_

How it occurred: \_\_\_\_\_

What region(s) are affected by your current symptoms?

Head/Neck	Upper Back	Shoulder	Arm	Hand/Wrist	Hip
Pelvis	Lower Back	Knee	Leg	Ankle/Foot	Other:

What kind of symptoms are you experiencing?

Tenderness	Spasm	Numbness	Tingling	Aching
Sharp	Shooting	Dull	Other:	

When are the symptoms/pain worse?

In the morning	During the day	At night	With activity
At rest	None	Come and go	Constant

When are the symptoms/pain at it best?

In the morning	During the day	At night	With activity
At rest	None	Come and go	Constant

Please indicate the intensity of pain levels over the past 24 hours on a scale of 0 (no pain) to 10 (worst pain imaginable).

Current: \_\_\_\_\_ Best: \_\_\_\_\_ Worst: \_\_\_\_\_

If you had any testing for this issue, circle all that apply and provide the results if able.

**X-Rays:** Results : \_\_\_\_\_ **MRI:** Results : \_\_\_\_\_

**CT Scan:** Results : \_\_\_\_\_ **Other:** Results : \_\_\_\_\_

**EMG/Nerve Conduction Test:** Results : \_\_\_\_\_



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Have you had surgery for this issue? NO YES (Date): \_\_\_\_\_ What? \_\_\_\_\_

Have you ever had any treatment for this issue?

Medication	Beneficial?	YES	NO	Explain: _____
Injection	Beneficial?	YES	NO	Explain: _____
Physical Therapy	Beneficial?	YES	NO	Explain: _____
Occupational Therapy	Beneficial?	YES	NO	Explain: _____
Massage/Chiropractic	Beneficial?	YES	NO	Explain: _____
Other	Beneficial?	YES	NO	Explain: _____

Have you fallen within the last year? YES NO  
 Do you feel unsteady when standing or walking? YES NO  
 Do you worry about falling? YES NO

Please circle the conditions that you have been or are presently being treated for. This information helps your therapist develop a treatment plan that will be best for you.

- |  |                             |                                   |
|--|-----------------------------|-----------------------------------|
| Acquired Respiratory Distress Syndrome | Fibromyalgia                | Night Pain                        |
| Allergies                              | Headaches                   | Numbness/Tingling in Hip/Buttocks |
| Anemia                                 | Hearing Impairment          | Osteoporosis                      |
| Angina                                 | Heart Attack                | Pacemaker                         |
| Anxiety or Panic Disorders             | Heart Disease               | Pain with Cough/Sneeze            |
| Arthritis                              | Heart Palpitations          | Parkinson's Disease               |
| Asthma                                 | Hepatitis, A, B, C          | Peripheral Vascular Disease       |
| Bleeding Disorders                     | Hernia                      | Polio                             |
| Bowel/Bladder Abnormalities            | High Blood Pressure         | Pregnancy                         |
| Cancer                                 | HIV/AIDS                    | Recent Dizziness/Fainting         |
| Chronic Obstructive Pulmonary Disease  | Hyperthyroidism             | Recent Fever                      |
| Congestive Heart Failure               | hypoglycemia                | Ringling in your Ears             |
| Defibrillator                          | Hypothyroidism              | Sexual Dysfunction                |
| Degenerative Disc Disease              | Immunosuppressant Condition | Skin Abnormalities                |
| Depression                             | Intolerance to Cold         | Smoking                           |
| Diabetes                               | Intolerance to Heat         | Special Diet Guidelines           |
| Dizzy or Fainting Spells               | Kidney Problems             | Stroke or TIA                     |
| Emphysema                              | Liver/Gallbladder Problems  | Tuberculosis                      |
| Epilepsy or Seizer Disorder            | Low Blood Pressure          | Unexplained Weight Change         |
| Fracture                               | Metal Implants              | Upper Gastrointestinal Disease    |
|  | Multiple Sclerosis          | Urine Leakage                     |
|  | Nausea/Vomiting             | Visual Impairment                 |



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Are you currently taking any medications? (Yes/No)      Please list any current medications.

Name of <u>prescription</u> medication.	Dosage	Why are you taking this medication?	How often do you take this medication?	How do you take it? (by mouth, injection, etc.)
Over the counter medication or nutritional supplements	Dosage	Why are you taking this medication?	How often do you take this medication?	How do you take it? (by mouth, injection, etc.)



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Is your injury related to any of the following: **Auto Related**, **Work Related**, **Other Accident Related**?

**Please complete the following information if Auto Related:**

Insurance Company Name: \_\_\_\_\_

Claim #: \_\_\_\_\_ Date of Incident: \_\_\_\_\_

Accident State: \_\_\_\_\_ Adjuster: \_\_\_\_\_

**Please complete the following information if Work Related:**

What is your employment status? Full-Time Part-Time None

Please enter your employer's information: Employer's Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Address: \_\_\_\_\_

What is your occupation? \_\_\_\_\_ Are you currently working? \_\_\_\_\_

Please circle all that apply to your current employment duties/responsibilities/requirements:

- |  |  |
|--|--|
| <input type="checkbox"/> Sitting       | <input type="checkbox"/> Reaching          |
| <input type="checkbox"/> Computer Work | <input type="checkbox"/> Crawling          |
| <input type="checkbox"/> Bending       | <input type="checkbox"/> Twisting          |
| <input type="checkbox"/> Heavy Lifting | <input type="checkbox"/> Pushing/Pulling   |
| <input type="checkbox"/> Traveling     | <input type="checkbox"/> Gripping/Pinching |
| <input type="checkbox"/> Standing      | <input type="checkbox"/> Walking           |
| <input type="checkbox"/> Other: _____  |  |

**Please complete the following information if Other Accident Related:**

Insurance Company Name: \_\_\_\_\_

Claim #: \_\_\_\_\_ Date of Incident: \_\_\_\_\_

Nurse Case Manager/Adjuster: \_\_\_\_\_



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What are your goals for therapy? \_\_\_\_\_

\_\_\_\_\_

Are there any other issues/concerns that you think we should know about that may or may not affect your ability to benefit from physical therapy? YES: \_\_\_\_\_ NO

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Therapist Signature: \_\_\_\_\_ Date: \_\_\_\_\_